

# WEBiNAR

Topic: 'Insight on School Counselling and Treatment Plans'

Organized by: St. Xavier's School, Bathinda

Resource Person: Ms Vineet Dua

Presenter: Ms Pallavi

Platform: Zoom

Time: 10.00 AM



27 May, 2021

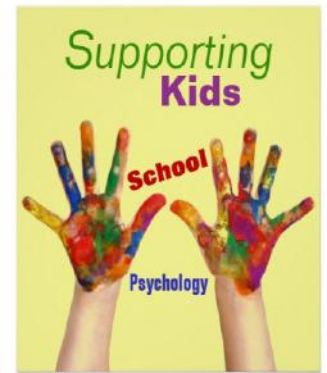
A webinar was organized by St. Xavier School, Bathinda in order to disseminate knowledge on school counselling and treatment plans among the teachers. Invitations were sent to teaching staff of St. Xavier's School Bathinda and Rampura Phul. Over 180 participants from both the schools participated in the webinar. It was chaired by Ms Vineet Dua, Counsellor, St. Xavier's School, Bathinda.

By the nature of the teaching profession, every teacher offers his/her students support, aid, counselling and establishes a relation of direct and continuous communication. It is a fact that the teacher's special and psycho-pedagogical training is not sufficient and that there is a need to identify the aspects that can be applied by teachers in their didactic activity as they can support counselling and take action at the class level. Keeping this in mind the Ms Dua explained how the treatment plans work, why they are used, and how they can help individuals struggling with different problems.

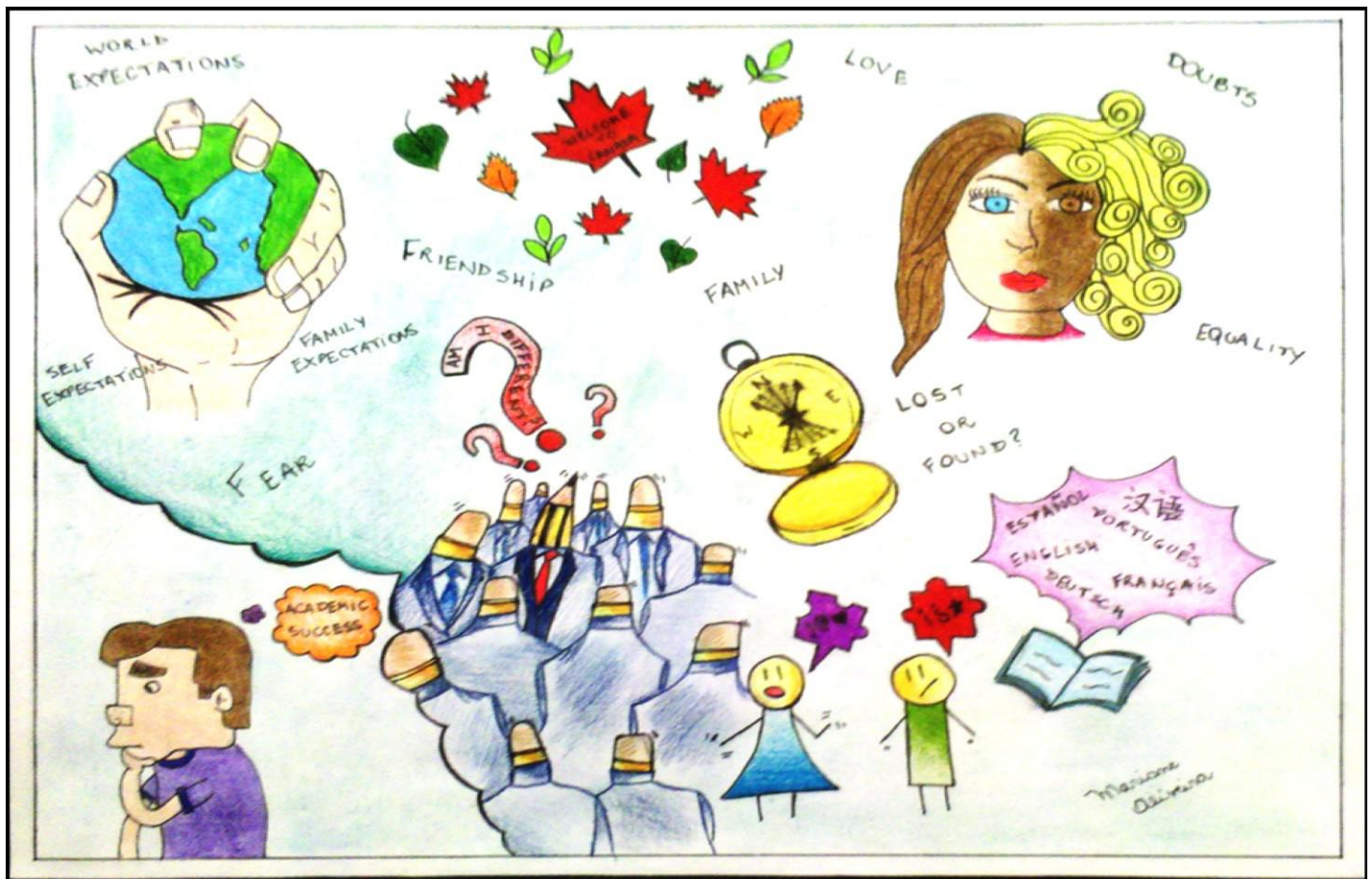


In opening remarks Ms Dua elaborated about the overview of the treatment plans and their significance for the teachers. She further explained about problem selection and stressed that students must not be labeled. She also emphasized that the parents' consent must be taken before referring a student to the counsellor and that cases must be categorized according to the priority level. She explained about the intake form. The process to be followed after that was also briefed by her.

She also covered about long and short term goals as well documentation of the interventions made by the teacher. She discussed learning disabilities and how to identify them. Problems like dyslexia, autism, down syndrome were briefed about. She further highlighted about the points to be kept in mind for a healthy life like drinking lot of water, sunlight, good nutrition, sleep and correct breathing techniques. She talked about a few points to reduce the stress in the teachers like attitude of gratitude, working on spirituality, using simple words like please, sorry and thank you. In the Q&A session, the resource persons clarified the doubts raised by the participants. The teachers freely discussed the problems and gave suggestions too.



In the end vote of thanks was given by Ms Pallavi, the Supervisor. She expressed special gratitude to the resource person for the informative and useful sessions, the school administration for their constant encouragement and support in conducting the Webinar, the ICT team of school for hosting the event and the participants in making the Webinar a grand success.



Feedback: All the participants felt that the webinar was highly useful. They commented that it enhanced their knowledge and understanding about the treatment plans. Besides, most of the participants requested for more of such events.