

ST. XAVIER'S SCHOOL, BATHINDA

REPORT

16 April 2022

GROOMING AND PERSONALITY DEVELOPMENT WORKSHOP

“SIMPLICITY, GOOD TASTE AND GROOMING ARE THE THREE FUNDAMENTALS OF GOOD DRESSING AND THESE DO NOT COST MONEY.”

“Looking Good Isn’t Self-Importance; It’s Self-Respect” emphasizing the same , St . Xavier’s School Bathinda organized ' Grooming and Personality Development Workshop ' for the staff members under the able supervision of School Management, Reverend Fr Principal Cidloy Furtado, School Co-ordinator Ma’am Archana Rajput and supervisor Ma'am Nupur.

Ms. Rajneet Kohli, Principal I.H.M Bathinda graced the occasion as the resource person , along with the team of beauty and make-up professionals from The Beauty Café , Bathinda. Ms. Rajneet Kohli started the session by linking professional styling with image and appearance. She elaborated on how fashion goes hand in hand with one’s body and personality. She discussed how sartorial choices and general fashion sense should be in harmony with the profession. She listed certain parameters to help decode the correct attire- occasion, lifestyle, body type, personality, needs and preferences. Ms. Kohli emphasized one needs to be appropriately dressed as it boosts our confidence, making for a happier countenance and an optimistic approach to one’s work. In addition to physical appearance, one should be sensitive about personal hygiene, she added. Another personality trait that was touched upon was communication skill. Here individuals must be circumspect about etiquette/manners and pleasantries. These too make for a happy countenance

A saree draping and makeover activity was conducted by the professionals of “The Beauty Café’. The staff enquired about various skin care products and make-up techniques from a member of ‘The Beauty Café’. It happened to be the best part of the session.

It was a lively interactive session and prompted everyone to stop short and revisit ourselves, as it were, to see where we can work on improvements. The school staff expressed gratitude towards the management for making efforts for the personality development for teachers and expressed their wish to attend more sessions of particular kind in nearest future.



