

Event: Awareness Program on Menstrual Health and Hygiene

Date: 9th August 2022

Classes: 6th & 7th (Girls)

Resources Person: Mrs. Jaspreet Kaur (Faculty St. Xavier's School), Mrs. Minakshi Wadhawan (Faculty St. Xavier's School), Mrs. Palwinder Kaur (Marketing Representative Proctor and Gamble)

Report: Awareness Program on the Menstrual Health and Hygiene of the girls was organised in St. Xavier's School, Bathinda on 9th August 2022 in the school hall. School faculty members Mrs. Jaspreet Kaur and Mrs. Minakshi Wadhawan along with the marketing representative of Proctor and Gamble delivered lecture on Menstrual Health and Hygiene. Information about the natural biological process of human body, diet during the periods, safety precautions and disposal of used napkins in a proper manner was given. Initially students were feeling shy but later on they came up with their queries. They participated with great enthusiasm and clarified the myths and doubts. Sanitary Napkins were distributed by the company to spread awareness. Students interaction with resource person and faculty proved to be informative to the students.



